



## **MEDICATIONS FOR CONGESTIVE HEART FAILURE**

**Proven medication to keep you out of the hospital and live longer as well as possibly improve the heart function**

**INSTRUCTIONS: ONE MEDICATION FROM EACH GROUP 1,2,3, IF African American use also GROUP 4**

**TO CONTROL CONGESTION SYMPTOMS, USE DIURETIC**

### **GROUP 1: ONLY ONE MEDICATION (DO NOT MIX)**

#### **Angiotensin-Converting Enzyme (ACE) Inhibitors**

Commonly prescribed include:

- Captopril (Capoten)
- Enalapril (Vasotec)
- Fosinopril (Monopril)
- Lisinopril (Prinivil, Zestril)
- Perindopril (Aceon)
- Quinapril (Accupril)
- Ramipril (Altace)
- Trandolapril (Mavik)

#### **Angiotensin II Receptor Blockers (or Inhibitors)**

(Also known as ARBs or Angiotensin-2 Receptor Antagonists)

Commonly prescribed include:

- Candesartan (Atacand)
- Losartan (Cozaar)
- Valsartan (Diovan)

#### **Angiotensin-Receptor Nephilysin Inhibitors (ARNIs)**

ARNIs are a new drug combination of a neprilysin inhibitor and an ARB.

- Sacubitril/valsartan (Entresto)



**GROUP 2: ONLY ONE MEDICATION (DO NOT MIX)**

**Beta Blockers**

(Also known as Beta-Adrenergic Blocking Agents)

Commonly prescribed include:

- Bisoprolol (Zebeta)
- Metoprolol succinate (Toprol XL)
- Carvedilol (Coreg)
- Carvedilol CR (Coreg CR)

**GROUP 3: ONLY ONE MEDICATION (DO NOT MIX)**

**Aldosterone Antagonists**

Commonly prescribed include:

- Spironolactone (Aldactone)
- Eplerenone (Inspra)

**GROUP 4: Hydralazine and isosorbide dinitrate (specifically benefits African Americans with heart failure)**

Commonly prescribed:

- Hydralazine and isosorbide dinitrate (combination drug) - (Bidil)

**TO CONTROL CONGESTION SYMPTOMS:**

**Diuretics** (Also known as Water Pills)

Commonly prescribed include:

- Furosemide (Lasix)
- Bumetanide (Bumex)
- Torsemide (Demadex)
- Chlorothiazide (Diuril)
- Amiloride (Midamor)
- Chlorthalidone (Hygroton)
- Hydrochlorothiazide or HCTZ (Esidrix, Hydrodiuril)
- Indapamide (Lozol)

